



# February 2012

## MDS Breakfast & Lunch Menu



Mon	Tue	Wed	Thu	Fri
<p>30</p> <p>B—pancakes, fruit, milk</p> <p>L—cheeseburgers, smiles, carrot stix, oranges</p>	<p>31</p> <p>B—cereal, bagel, fruit or juice, milk</p> <p>L—mac &amp; cheese, smokies, peas, roll, rosie applesauce</p>	<p>February 1</p> <p>B—yogurt parfait, fruit, muffin, milk</p> <p>L—chicken nuggets, mashed potatoes, green beans, roll</p>	<p>2</p> <p>B—cereal, cinnamon roll, fruit or juice, milk</p> <p>L—corn dogs, baked beans, smiles, fruit</p>	<p>3</p> <p>B—cereal, cinnamon roll, fruit or juice, milk</p> <p><b>1/2 Day</b> No Lunch Served</p>
<p>6</p> <p>B—cereal, bagel, fruit, milk</p> <p>L—chicken sandwich, smiles, green beans/ carrots, fruit</p>	<p>7</p> <p>B—breakfast cookie, yogurt, fruit or juice, milk</p> <p>L—chili, crackers, raw veggies, grape</p>	<p>8</p> <p>B—biscuit, egg or sausage, fruit or juice, milk</p> <p>L—hot dogs, carrot stix, smiles, fruit (banana)</p>	<p>9</p> <p>B—cereal, cinnamon roll, fruit or juice, milk</p> <p>L—Bbq meatballs, buttered noodles, frozen peas, roll, fruit</p>	<p>10</p> <p>B—oatmeal, cinnamon toast, fruit or juice, milk,</p> <p>L—stromboli, salad, cottage cheese, pineapple</p>
<p>13</p> <p>B—pancake on a stick, fruit or juice, milk</p> <p>L—pancakes, sausage, banana, muffin, juice</p>	<p>14</p> <p>B—pastry, yogurt, milk</p> <p>L—chicken patty, smiles, pretzel &amp; nachos, fruit, cherry cake</p>	<p>15</p> <p>B—cereal, bagel, fruit or juice, milk</p> <p>L—taco, sopa rice, peas, fruit</p>	<p>16</p> <p><b>NO SCHOOL</b> No Breakfast, No Lunch Served</p>	<p>17</p> <p><b>NO SCHOOL</b> No Breakfast, No Lunch Served</p>
<p>20</p> <p><b>NO SCHOOL</b> No Breakfast, No Lunch Served</p>	<p>21</p> <p>B—breakfast, sandwich, fruit, milk</p> <p>L—Mexi-goulash, corn, salad, pears</p>	<p>22</p> <p>B—cereal, bagel, fruit or juice, milk</p> <p>L—Fish, tots, slaw, corn bread, fruit</p>	<p>23</p> <p>B—biscuit &amp; gravy, fruit or juice, milk</p> <p>L—teriyaki chicken, rice, stir fry veg, pineapple, almond cookie</p>	<p>24</p> <p>B—french toast, fruit or juice, milk</p> <p>L—cheese pizza, salad, green beans, mixed fruit</p>
<p>27</p> <p>B—breakfast pizza, juice, milk</p> <p>L—hamburgers, smiles, carrots stix, oranges</p>	<p>28</p> <p>B—cereal, bagel, fruit or juice, milk</p> <p>L—Cook's Choice</p>	<p>29</p> <p>B—yogurt parfait, fruit, muffin, milk</p> <p>L—country fried steak, mashed potatoes, green beans, roll</p>	<p>March 1</p> <p>B—cereal, cinnamon roll, fruit or juice, milk</p> <p>L—corn dogs, baked beans, smiles, dessert or fruit</p>	<p>2</p> <p>B—cheese quesadilla, fruit, milk</p> <p>L—pb&amp;j sack lunch, fritos, carrot stix, fruit, dessert</p>

This institution is an equal opportunity provider. Menu is subject to change without notice.

1/2 pint of 1% white, chocolate skim, and strawberry skim offered with each lunch.