



May Menu



Mon

Tue

Wed

Thu

Fri

<p>1</p> <p>BBQ meatballs peas & carrots buttered noodles roll rosie applesauce</p> <p>Lunch Servers/Cross Guards: Ethan B.; Jailah F.</p>	<p>2</p> <p>nuggets and nachos green beans salsa oranges</p> <p>Lunch Servers/Cross Guards: Isaac C.; Henry H.</p>	<p>3</p> <p>hamburger roll peas potato wedges fruit</p> <p>Lunch Servers/Cross Guards: Aiden A.; Natalie H.</p>	<p>4</p> <p>cowboy dinner corn chips baby carrots fruit</p> <p>Lunch Servers/Cross Guards: Gabe G.; Elijah J.</p>	<p>5</p> <p>Crispito corn chips refried beans salad fruit</p> <p>Lunch Servers/Cross Guards: Justin J.; Alexis K.</p>
<p>8</p> <p>chicken sandwich cooked carrots cooked broccoli potato wedges orange</p> <p>Lunch Servers/Cross Guards: Autumn L.; Isaiah L.</p>	<p>9</p> <p>corn dog smiles raw veggies apple</p> <p>Lunch Servers/Cross Guards: Molly M.; Tanner M.</p>	<p>10</p> <p>enchiladas refried beans rice peas fruit</p> <p>Lunch Servers/Cross Guards: Shelby M.; Ian M.</p>	<p>11</p> <p>stromboli salad cottage cheese green beans pineapple</p> <p>Lunch Servers/Cross Guards: Jaden M.; Hannah S₁.</p>	<p>12</p> <p>sloppy joe smiles corn fruit</p> <p>Lunch Servers/Cross Guards: Alaura S.; Hannah S₂.</p>
<p>15</p> <p>mac & cheese smokies cooked carrots broccoli roll applesauce</p> <p>Lunch Servers/Cross Guards: Sarah S.; Danielle S.</p>	<p>16</p> <p>hot dogs potato wedges raw veggies apples</p> <p>Lunch Servers/Cross Guards: Quincy S.; Sarah S.</p>	<p>17</p> <p>cheeseburger smiles raw veggies oranges</p> <p>Lunch Servers/Cross Guards: Ryan S.; Josiah T.</p>	<p>18</p> <p>Cook's Choice</p> <p>Lunch Servers/Cross Guards: Summer T.; Makayla T.</p>	<p>19</p> <p>pizza sticks salad corn pears</p> <p>Lunch Servers/Cross Guards: Andy S.; Miranda T.</p>
<p>22</p> <p>Cook's Choice</p> <p>Lunch Servers/Cross Guards: Morgan S.; Eli T.</p>	<p>23</p> <p>Field Day Lunch will be provided.</p>	<p>24</p> <p>No Hot Lunch Bring A Sack Lunch</p> <p>Lunch Balances Due</p>	<p>25</p> <p>Last Day of School Noon Dismissal No Lunch</p>	<p>26</p> <p>No School Summer Vacation</p>

Menu is subject to change without notice. A 1/2 pint of 1% white, chocolate skim, and strawberry skim are offered with each lunch.

Family Fitness Challenge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Flexibility Exercises</p> <p>Sit and Reach Toe Touches Straddle Stretches Lunges Arm Rotations Calf Stretches Quad Stretches</p>	<p>Cardio Exercises</p> <p>CrissCross Jumps Frog Jumps Run in Place Jumping Jacks Jump Rope Burpees High Knee Marches</p>	<p>Strength Exercises</p> <p>Dips Sit Ups Push Ups Power Kicks Shoulder Presses Squat Jumps Planks</p>	<p>Flexibility Exercises</p> <p>Sit and Reach Toe Touches Straddle Stretches Lunges Arm Rotations Calf Stretches Quad Stretches</p>	<p>General Exercises</p> <p>Squats Bicep Curls Tricep Curls Heel Raises Lunges Mountain Climbers Jog around the house</p>	<p>Activity of your choice. i.e. walking, dancing, tag games, jump rop- ing</p>	<p>Random Exercises</p> <p>stretches run in place jumping jacks lunges ski jumps push ups squats</p>